

## Thon Hotel Arena, Lillestrøm

Nesgata 1  
2004 Lillestrøm  
Tel: +47 66 93 60 00  
E-mail: [arena@thonhotels.no](mailto:arena@thonhotels.no)  
Web: [www.thonhotels.com/arena](http://www.thonhotels.com/arena)



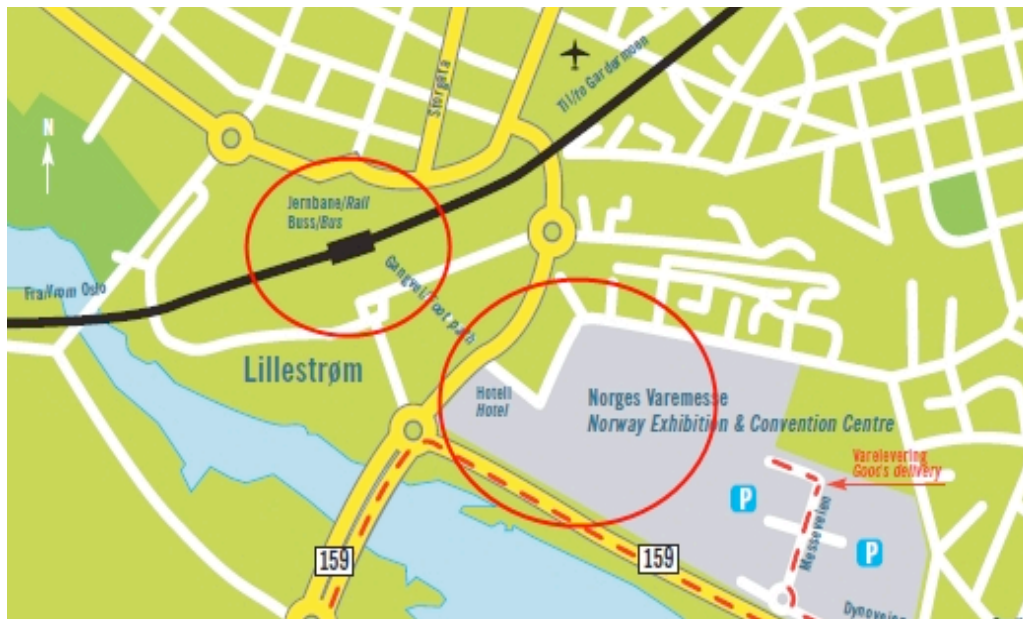
### From Oslo Airport Gardermoen (OSL) to Thon Hotel Arena in Lillestrøm

Upon arrival at Oslo Airport, Gardermoen, take the Airport Express Train (*Flytoget*) to Lillestrøm. This is the first and only stop before Oslo Central Station (Oslo S). Trains depart every 10 minutes, but note that only every second train stops at Lillestrøm. Only trains to/from Asker stop at Lillestrøm, whereas those to/from Oslo S are non-stop trains from Gardermoen to Oslo.

The travel time is 12 minutes. Tickets are available at ticket counters and vending machines. The cost is NOK 130 (€ 16), or NOK 160 (€ 20) if bought at the counter. For timetables, see [www.flytoget.no](http://www.flytoget.no)

When you arrive at Lillestrøm train station, it is only a short walk to the Thon Hotel Arena:





### From Oslo city centre to Thon Hotel Arena, Lillestrøm

The easiest and fastest way from Oslo to Lillestrøm is by **local train**. Trains depart frequently (every 10-20 minutes) and the travel time is 11 minutes from Oslo Central Station (Oslo S). Tickets are available at vending machines and on the train. The cost is NOK 60 (€ 7,50). For timetables, see [www.nsb.no](http://www.nsb.no) or [www.trafikanten.no](http://www.trafikanten.no).

You could also take the train from Nationaltheatret, close to the royal castle downtown Oslo.

Train lines towards Lillestrøm are: R20 Lillehammer / 440 Dal / 450 Eidsvoll / 460 Årnes

**By car** the travel time from Oslo to Lillestrøm is approx. 20 minutes.

